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Physical Education: Teaching, Assessment and Curriculum

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An Integrated Thematic Physical Education Game Model for Grade I Students

Based on Curriculum 2013

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Abstract

Curriculum 2013 requires elementary school physical education teachers to conduct the instructional process using thematic approach and integrate it with other subject matters. This article offers a model of integrated thematic physical education games for Grade I students. Based on student's growth and development phase, playing and game are recommended for this group of students. The offered model consists of: (1) Ordering Number with New Friends Game, (2) Puzzle Constructing Game, (3) Addition Drawing Game, (4) Ball Squeezing and Throwing Game, and (5) Sport Guessing Game. Physical education teachers, especially in the elementary school, could use the model as an alternative in conducting physical education lessons based on Curriculum 2013, which is fun, attractive, meaningful and challenging for students.

Keywords: Game Model, Integrated Thematic, Physical Education, Grade I Student, Curriculum 2013

INTRODUCTION

Curriculum 2013 was launched in July 2013. This curriculum refines the previous ones, that is KBK (competence-based curriculum) and KTSP 2006 (school-based curriculum). Curriculum 2013 has not been implemented yet at every school, but will be gradually applied in Indonesia from 2013 to 2016. Initially, it is implemented at 2,598 elementary schools, 1,521 junior high schools, 1,270 senior high schools, 1,021 vocational schools. The number of schools which implement it is 132 in DI Aceh, 203 in Bali, 881 in Central Java, 887 in West Java, 1,053 in East Java, 263 in North Sumatra, 225 in Banten, 146 in DIY, and 250 in Jakarta (http://dikmen.kemdikbud.go.id/html/index.php?id=berita &kode=282). Moreover, not every class implements it, but only Grades I, IV, VII, and X (http://www.antaranews.com/berita/397936/w amendikbud-yakin-kurikulum-2013-berjalanlan car). This curriculum change is hoped to bring about benefit on whole education in Indonesia.