Implementing MBTI to Develop Students’ Career: A Study of Personality Types of Undergraduate Students in the Guidance and Counseling Study Program

Nanang Erma Gunawan
*Yogyakarta State University*

Agus Triyanto
*Yogyakarta State University*

Farida Agus Setiawati
*Yogyakarta State University*

This research aims to investigate personality type and Counselor competence of undergraduate students in the Guidance and Counseling study program, Faculty of Education, Yogyakarta State University. A total of 209 students in the 4th and 6th semester completed two questionnaires, The Myers-Briggs Type Indicator (MBTI) and a 1992 American School Counselor Association (ASCA) Competence Instrument. Result shows that there are more subjects with focus preference of extroversion, sensing in perceiving information, and feeling in making decision averagely. In terms of personal competency and skills, those subjects are different significantly for those who are extrovert and introvert (t=3.602 sig. p=.000 for personal competency and t=2.167 sig. p=0.031 for skills). There are no differences on knowledge and the degree of professional competence among involved subjects. How personal competency and skills are different significantly is discussed, mainly with psychosocial background and Western-adopted professional orientation issues.

*Keywords*: Myers-Briggs Type Indicator, Counselor Competence, Guidance and Counseling Students