BIBLIOThERAPY WITH THE CARRIER TOPIC TO INCREASE THE STUDENT’S CARRIER MOTIVATION OF GUIDANCE AND COUNSELING

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ABSTRACT

Most of the students at Guidance and Counseling Department in Indonesia are still confusing about their future carrier. This research was aimed to study the influence of bibliotherapy within carrier topic to the increase of the student’s carrier motivation of Guidance and Counseling. The effectivity of the bibliotherapy to increase the student’s carrier motivation was also studied simultaneously, so the development of its bibliotherapy could be strengthen the carrier guidance’s service.

Research sample are students of Guidance and Counseling Department, Faculty of Education Sciences, Yogyakarta State University. This research is designed as Class Action Research (CAR) based research method on Kemmis and McTaggart model and conducted in 1 cycle. Data collection has conducted by observation, interview, documentation and questioner. The data were analyzed using qualitative descriptive and quantitative. The data from observation and interview were analyzed in qualitative descriptive, while data resulted from questioner was analyzed quantitatively.

The qualitative result of these research showed that bibliotherapy within carrier topic was lead the students have the positive changing of expression, gesture and self confidence to become a counselor in the future. Quantitatively, bibliotherapy was effective to increase the carrier motivation of the students, which measured by questioner test including bibliotherapy, carrier motivation and carrier problems matters. The average mark of the pre test resulted 99, 96 and 97 for bibliotherapy, carrier motivation and carrier problem, respectively. After the bibliotherapy treatment, the average post test remark increased to 121, 124 and 122 for bibliotherapy, carrier motivation and carrier problems. The highest increase of the questioner test was provided by carrier motivation aspect, which means that the bibliotherapy treatment has succeeded to enhance the knowledge and utility of text book for counseling. It concluded that the bibliotherapy within carrier topic could be develop to overcome the carrier problem especially carrier motivation.

Keywords: bibliotherapy, carrier motivation, counseling