

THE DIFFERENCE BETWEEN TEACHING METHOD OF THE PURE PART METHOD AND THE PROGRESSIVE PART METHOD ON THE RESULTS IN LEARNING CRAWL SWIMMING STYLE FOR MALE STUDENTS IN JUNIOR HIGH SCHOOL 5 YOGYAKARTA

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ABSTRACT

This study is aimed to find the differences between teaching method of the pure part method and the progressive part method of result in learning Crawl swimming style. Research method that is used in this experiment is by giving the treatment of two groups of students who were taught with the pure part method and another group with progressive part method. The population used was the male students of Junior High School 5 Yogyakarta. The sample taken by purposive sampling, the number of sample is 32 students. Hypothesis testing used t-test, with significance level of 5%. A result of this experiment shows that there is a difference in teaching with the pure part method and progressive part method on the learning results of Crawl swimming style. Test results showed that t count is 2.5237 while the t table is 2.042 with significance level of 5%. The average result of pure part method is 3.073 while the average of the progressive part method is 3.870. Thus the result of progressive part method is better than the pure part method.

Keywords: *Teaching, Method, Swimming, and Student*

INTRODUCTION

Achievement of learning outcomes for students is a priority in the teaching or learning. There are many related factors and influence each other in the process of learning. These factors include the factors of teachers, students, goals to be achieved, instructional materials, delivery methods and others. Factor of teachers have a crucial role both as facilitator and motivator in the learning process. How a teacher can play with just a great effect on learning outcomes to be achieved.

Learning is a process of change from not knowing to knowing or from incapable to be able to do something. The process of change of not knowing and from incapable to be able to do something is a learning process. Of course in the learning process will always be related with the given the material. How does the role of teachers in the learning processes and methods into the approach taken in achieving goals.

Learning to swim is one of the efforts made from being incapable in swimming to be able to swim. Changes in behavior by the influence of the nature and environment are learning process to swim which not only behavioral changes that is given by the teacher but also the challenge of adaptation to environment. That is why there are many factors that affect the achievement of learning outcomes. Humans are not naturally water creatures like fish that have been used to living in the water without any difficulty. While human are not creatures of water who is trying to perform activities in the water. For that reason we also need a special delivery method, so that the goal can be realized optimally.

Teaching methods to teach skills in particular can be done in several different ways. Based on the material of Crawl swimming style that consists of several elements of a very complex movement is considered important in the delivery. Swimming that is consist of several elements of the movement is need to be addressed section by section in order to place the ease of doing. While other ways the elements in the movement in Crawl swimming style given as a whole. The two delivery methods in learning skills are called to the section method and the overall method.

On the basis of the problems mentioned above, the research of learning in Crawl swimming style is necessary to be done. It is to answer whether there is any difference between the pure part method and the progressive method in learning the Crawl swimming style. This needs to be argued that the method of learning skills such as Crawl swimming style can be given by the pure part, progressive part, and the repetitive part method. Based on the background of the above problems, there are some problems as follows: (1) Are there any differences in teaching skills conducted on land and in water?, (2) Is there any difference in delivery method provided for learning to swim? , (3) Is there any difference to learn the different styles of swimming? In this study, the problem to be studied is "Are there any differences in teaching methods between the pure part and the progressive part in learning Crawl swimming style?" In this study, the research is limited on controlling movement techniques of Crawl swimming style with the two methods. They are the pure part method and the progressive part method. This study is aimed to determine whether there are any differences in learning outcomes with the pure part method and the progressive part method in learning Crawl swimming style.