

Menetap

*Saya dilahirkan
bodoh*

Internal

*Semua
memang
salahku*

Umum

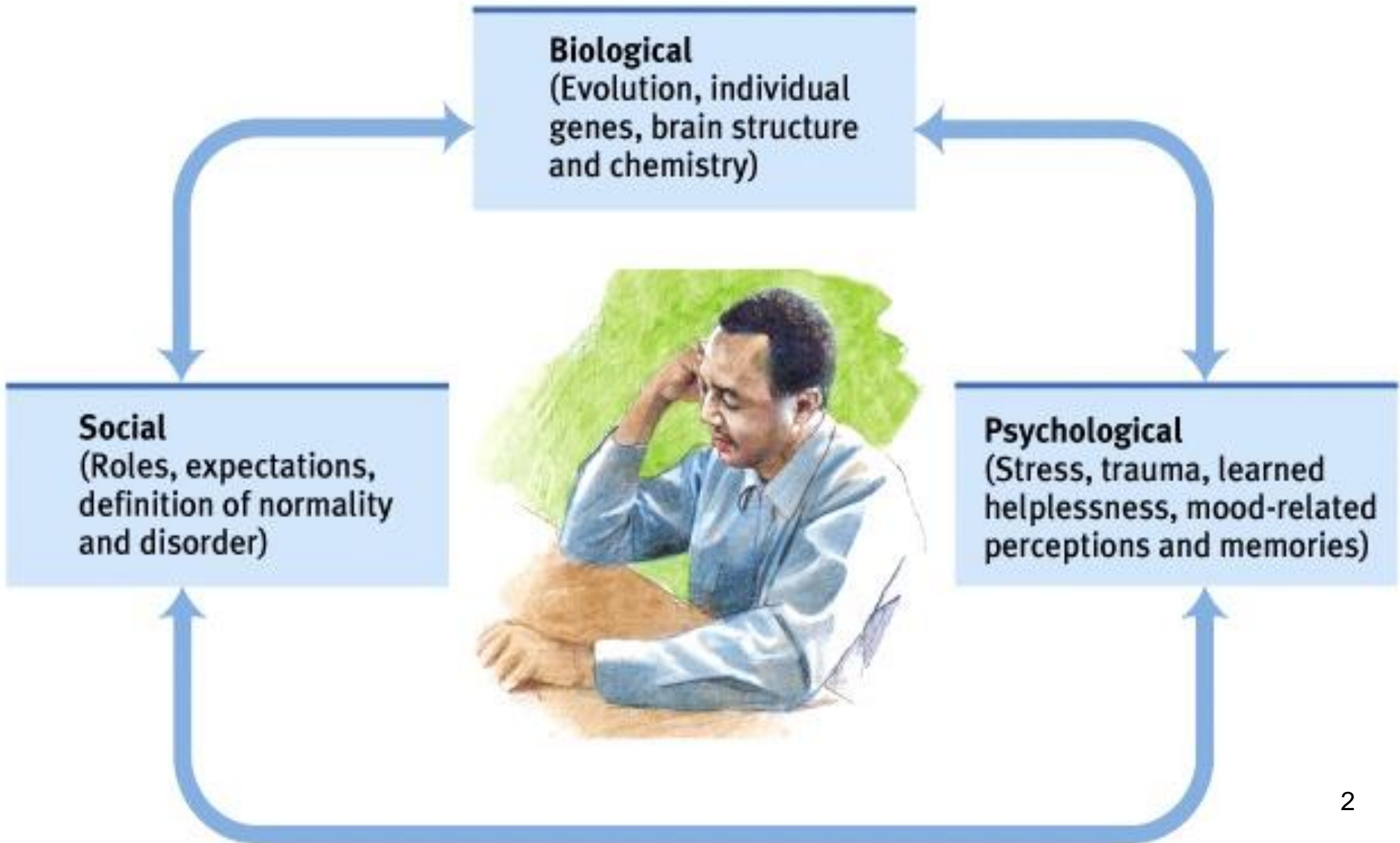
*Saya mungkin
gagal semua
mata kuliah*



GANGGUAN KEPRIBADIAN

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Faktor Penyebab Gangguan Psikologis



Spektrum Gangguan Psikologis



No Disorder Mild Disorder Moderate Disorder Severe Disorder

Perkembangan Gangguan Kepribadian

- Sudah terlihat pada masa kanak-kanak
- Menjadi mantap pada usia 20-an
- Penyebab :
 - kerusakan otak secara organik
 - Biologis dan genetik
- Mendeteksi gangguan kepribadian melalui :
Tes Psikologis
 - WAIS
 - MMPI
 - Bender-Gestalt
 - Rorschach ink blot

Tritmen / Penyembuhan

- Berlangsung lama dan perubahan lambat
- Bentuk tritment:
 - Terapi Individual ataiu kelompok
 - Penggunaan obat anti cemas dlm jangka pendek
 - Penggunaan obat penenang dosis rendah
 - Beberapa harus dirawat di RS selama periode dekompensasi (krisis /akut)

Gangguan Kepribadian dan Perilaku Masa Dewasa F 60 – F 69 PPDGJ III

- F60 Gangguan kepribadian khas**
- F61 gangguan kepribadian campuran dan lainnya**
- F62 Perubahan kepribadian yg berlangsung lama yg tidak diakibatkan kerusakan / penyakit otak**
- F63 Gangguan kebiasaan dan impuls**
- F64 Gangguan identitas jenis Kelamin**
- F65 Gangguan preferensi seksual**
- F66 gangguan Psikologis dan perilaku yg berhub. dg perkembangan dan orientasi seksual**
- F68 gangguan kepribadian dan perilaku dewasa lainnya**
- F69 Gangguan kepribadian dan perilaku dewasa yg tidak teridentifikasi**

F60 Gangguan kepribadian khas

CLUSTER A

odd, eccentric

- Paranoid
- Schizoid
- Schizotypal

CLUSTER B

dramatic, erratic

- Histrionic
- Narcissistic
- Borderline
- Antisocial

CLUSTER C

fearful

- Avoidant
- Dependent
- Obsessive/Compulsive

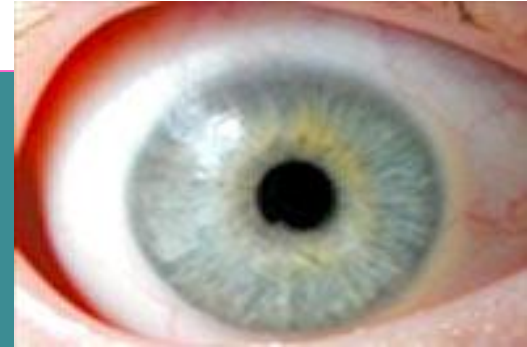
Cluster A: Odd, eccentric

Diagnosis

Pervasive Pattern

Paranoid

Tidak percaya & curiga pd orla
menyalahartikan maksud orla sbg
menghina dan permusuhan
Hipersensitif thd penilaian negatif



Schizoid

Tidak membutuhkan hubungan sosial
Tidak mampu menunjukkan ekspresi emosi
: dingin, tidak peduli



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Schizotypal

Tidak nyaman berhub dekat
Distorsi kognitif dan persepsi
Perilaku eksentrik



Skizotipal

Ciri :

- Terisolasi secara sosial
- Perilaku eksentrik dan gila :
ide, ajaib dan ilusi

Penyebab : paralel dg autisme

Tritmen :

- jarang yg minta disembuhkan
- prospek sembuh kurang
- fokus tritmen pd nilai-nilai relasi sosial



Willy Wonka : “Charlie and The Chocolate Factory”

Cluster B: Dramatic

Diagnosis

Pervasive Pattern

Antisocial

Psikopat, tidak mampu mencintai / berempati pd orla
ada yg agresif , ada yg pasif

Borderline

ketidakstabilan dlm menjalin hubungan
ketidakstabilan imej diri
Ketidakstabilan afeksi
Impulsif

Histrionic

Emosi berlebihan, dramatis
Suka mencari perhatian

Narcissistic

mengagumi dan memuja diri sendiri
sangat membutuhkan pengakuan
kurang empatik

Antisosial / Psikopat



**Ted Bundy – teroris AS
yg terkenal**



**Hannibal Lecter –
“Silence of the Lamb”**

- ⊗ **Pengaruh perkembangan dan genetik**
 - Terkait dg Conduct Disorder
 - Adanya APD dan pola kriminalitas dlm keluarga

- ⊗ **Sejarah panjang dari proses**
 - Norma budaya yg penuh kekerasan
 - Adanya hak melakukan kekerasan thd org lain
 - Impulsivitas & Agresivitas
 - Kurang/tidak adanya penyesalan yg mendalam
 - Tiudak selalu jadi penjahat

- **Tritmen**
 - Banyak yg tidak mencari penyembuhan
 - minim Prognosis
 - Fokus pada pencegahan



• Narcistik



• Histrionik



• Borderline



Cluster C: Fearful

Diagnosis

Pervasive Pattern

Avoidant

Hambatan sosial
Perasaan inadekuat
Hipersensitif thd penilaian negatif

Dependent

Takut bertanggung jawab
Tidak berdaya dan bergantung pd orla
takut berpisah

Obsessive-Compulsive

perfeksionis berlebihan
Hambatan fleksibilitas,
keterbukaan dan efisiensi



Dependent



Avoidant

Obsessive-Compulsive



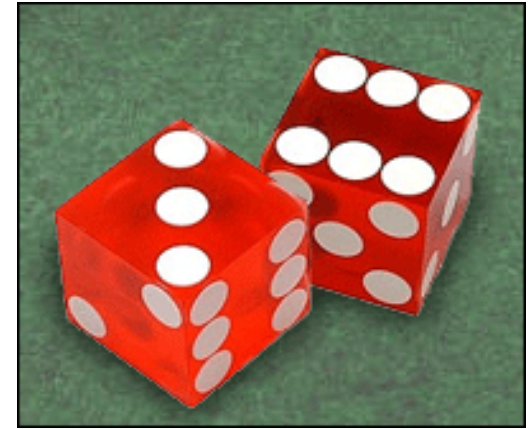
F63 Gangguan Kebiasaan dan Impuls

F63.0 Judi patologis

F63.1 Bakar patologis (Piromania)

F63.2 Mencuri patologis/ mengutil (kleptomania)

F63.3 Trichotillomania



F64 Gangguan Identitas Jenis Kelamin

- F64.0 Transsexualism
- F64.1 Transvestism peran ganda
- F64.2 gangguan identitas jenis kelamin masa kanak
- F64.8 Other gender identity disorders
- F64.9 Gender identity disorder, unspecified



F65 Gangguan Preferensi Seksual

- F65.0 Fetishism
- F65.1 Fetishistic transvestism
- F65.2 Exhibitionism
- F65.3 Voyeurism
- F65.4 Paedophilia
- F65.5 Sadomasochism
- F65.6 Multiple disorders of sexual preference
- F65.8 Other disorders of sexual preference
- F65.9 Disorder of sexual preference, unspecified

Voyeurism :
mengintip



Exhibitionism :
suka
mepertontonkan alat
kelamin /seksualitas



Paedophilia
Tertarik pd anak kecil





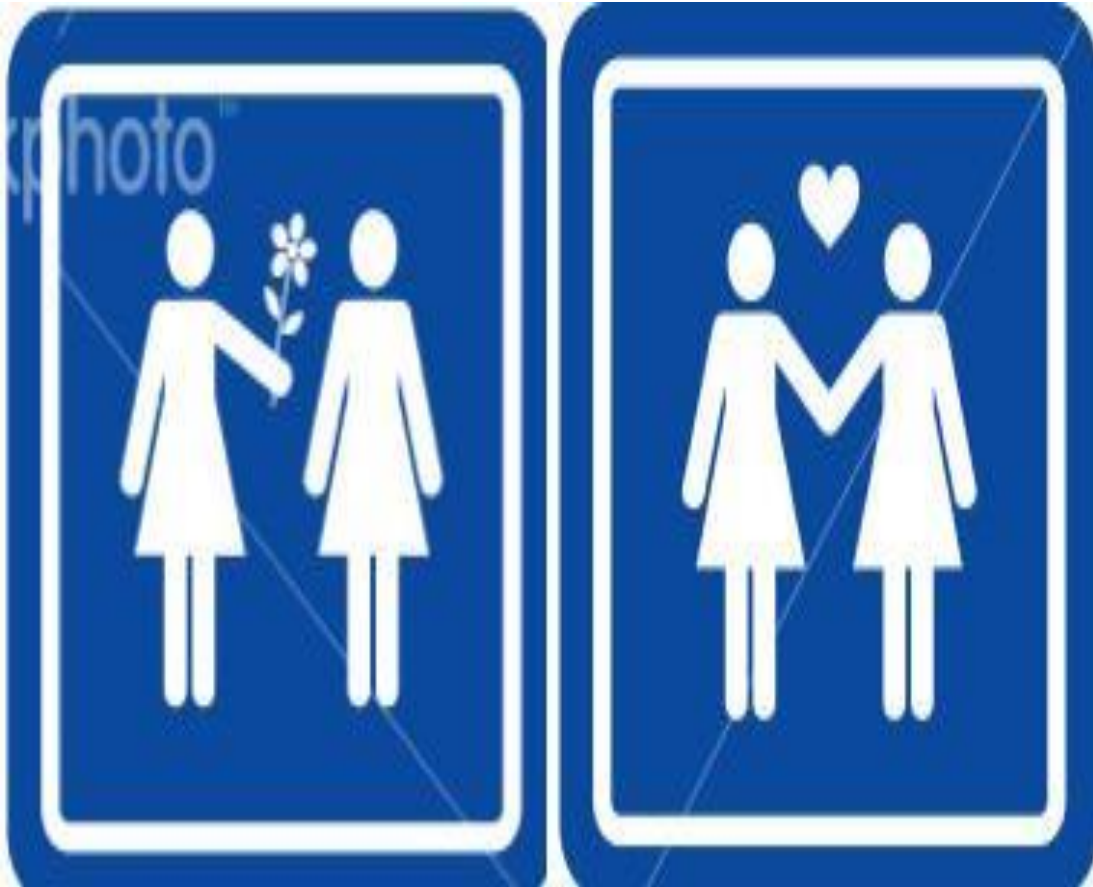
TRANSVETISM

Masochism and Sadism



F66.9 Gangguan Perkembangan seksual, tidak dispesifikasikan

biseksual - lesbian



homoseksual - gay 21

Personality Disorder Test

1. Do you suspect that others are exploiting, harming or deceiving you?
2. Do you persistently bear grudges and not forget insults or injuries?
3. Do you almost always choose solitary activities?
4. Do you feel indifferent to praise or criticism of others?
5. Do you experience recurrent strange day dreams or fantasies?
6. Do you experience magical thinking that influences your behaviour?
7. Do you repeatedly get into conflicts with the law?
8. Before age 18, have you been cruel to people or animals?

<http://www.med.nyu.edu/Psych/screens/pds.html>

9. Do you have a pattern of unstable and intense relationships with others?
10. Do you have continuous feelings of emptiness?
11. Do you feel uncomfortable in situations where you are not the centre of attention?
12. Are you easily influenced by others or are you suggestible?
13. Are you generally envious of other people?
14. Are you preoccupied with unlimited success or ideal love?
15. Are you unwilling to get involved with people unless you are certain of being liked?

<http://www.med.nyu.edu/Psych/screens/pds.html>

16. Do you view yourself as socially inept, personally unappealing or inferior to others?
17. Do you have a difficulty making everyday decisions without an excessive amount of advice and reassurance from others?
18. Are you preoccupied with fears of being left to take care of yourself?
19. Are you preoccupied with details, rules, lists, order, organization, or schedules?
20. Are you such a perfectionist that it interferes with your work?



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