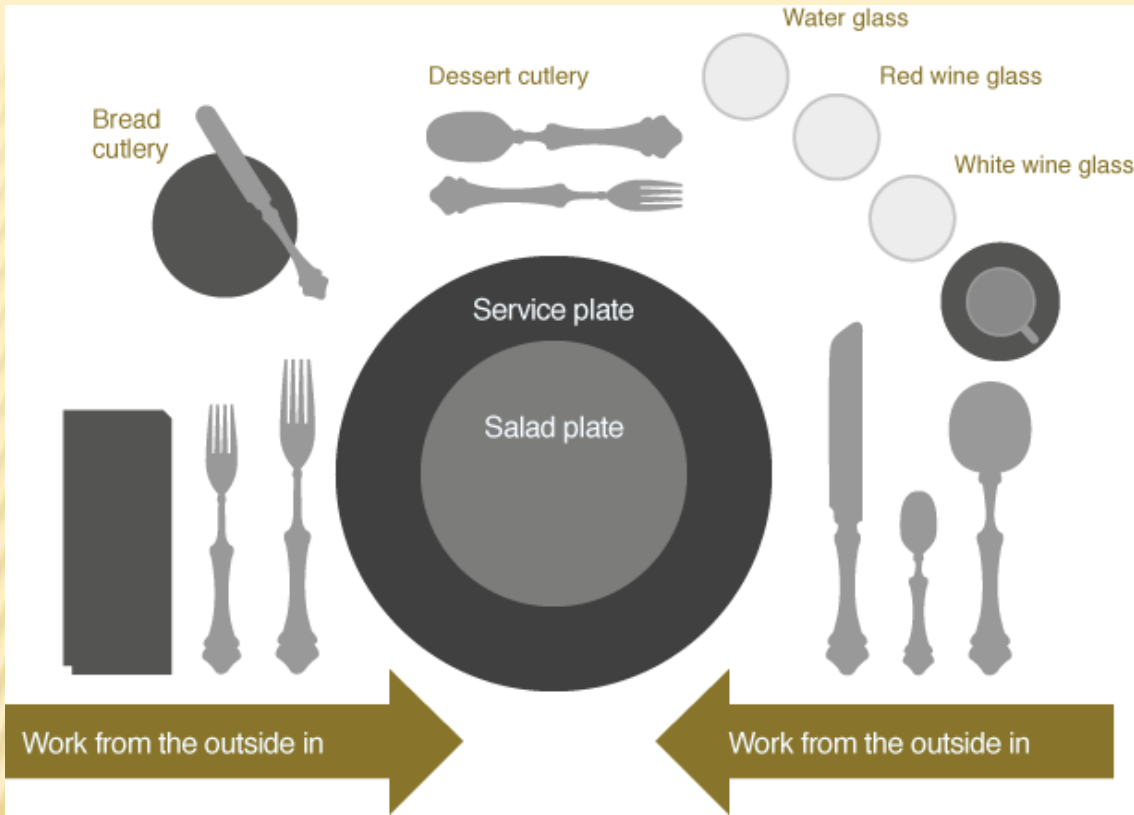


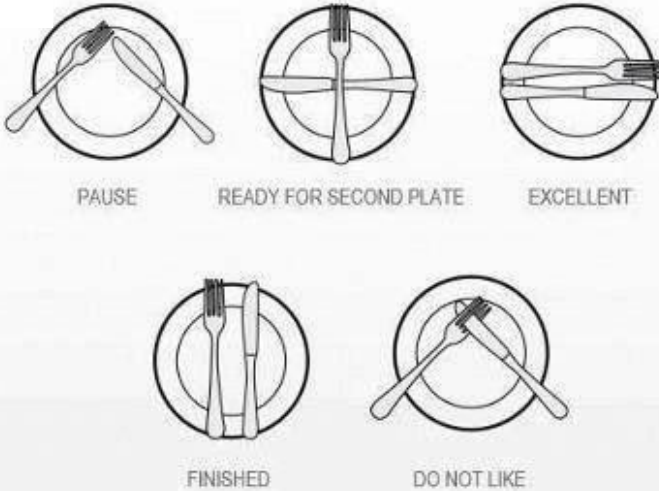
# TABLE MANNERS

Badraningsih Lastariwati/ UNY

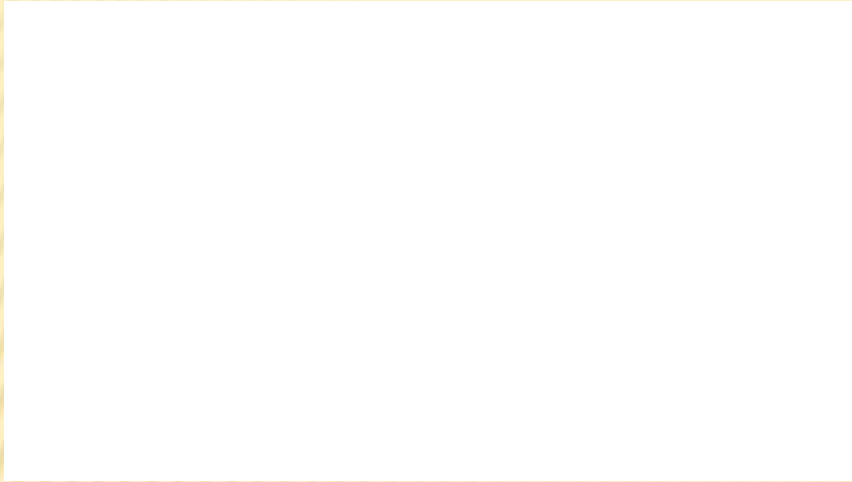




# WHAT YOUR PLATE SIGNALS



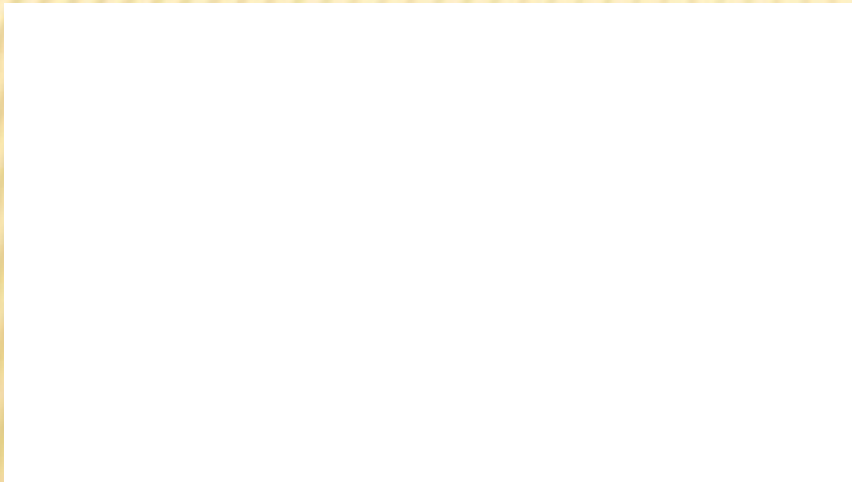
## USING UTENSIL



## USING GLASSWARE



## EAT BREAD & CONDIMENT



## EAT SOUP



## EAT SALAD COURSE



## EAT MAINCOURSE



## EAT DIFFICULT FOODS



## EAT DESSERT & COFFEE





# TABLE TABOO`S

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# CROSS CULTURAL TABLE MANNERS

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1. Hold hand out, (as if ready to shake hands); thumb is up.



2. Separate fingers as shown in diagram.



3. Fold lower 2 fingers inwards 1/2-way.



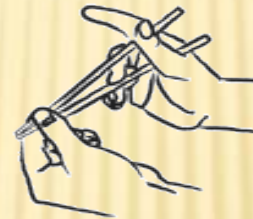
4. Place 1 chopstick in the crook of your thumb; clamp it. Back of chopstick sticks out about 1/4"; middle rests on 2 bottom fingers at the start of the nail).



5. Bring your middle finger down, so it rests on top of your lower 2 fingers.



6. ...but **DON'T** cross finger over the chopstick.



7. Place 2nd chopstick to make a "V" shape (the front end-points of the chopsticks touch).



8. Bring your index finger down, on top of upper chopstick.



**NOW YOU ARE READY TO EAT!**



# SUSHI ETIQUETTE

## DO:

PICK UP SUSHI USING CHOPSTICKS (HASHI) OR FINGERS. BOTH ARE CORRECT.



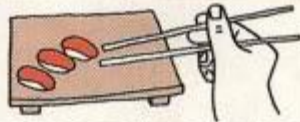
LIGHTLY DIP THE FISH, NOT THE RICE, INTO A SMALL AMOUNT OF SOY SAUCE.



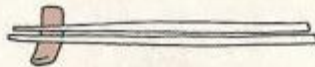
PUT THE WHOLE PORTION IN YOUR MOUTH, HOLDING THE SUSHI SO THE FISH TOUCHES YOUR TONGUE.



USE THE BLUNT BACK END OF THE CHOPSTICKS WHEN TAKING FOOD FROM A SHARED PLATE.



REST THE NARROW, ROUNDED ENDS OF YOUR CHOPSTICKS ON THE SMALL CERAMIC HOLDER, OR HASHI-OKI, WHEN YOU'RE NOT USING THEM.



ONE WAY TO SIGNAL THAT YOU'RE FINISHED IS TO PLACE YOUR CHOPSTICKS ACROSS YOUR SOY SAUCER



(DON'T JUST REST THE TIPS), PARALLEL TO THE SUSHI BAR.

## DON'T:

RUB YOUR CHOPSTICKS TOGETHER TO REMOVE SPLINTERS. (IT'S RUDE; A GOOD SUSHI BAR WOULD NEVER OFFER CHOPSTICKS OF SUCH LOW QUALITY.)



BITE THE SUSHI IN HALF AND PUT THE REMAINDER BACK ON THE PLATE.



FLOP A BIG PIECE OF PICKLED GINGER ONTO YOUR SUSHI BEFORE EATING IT.



(EAT THE GINGER BETWEEN PIECES OF SUSHI, AS A PALATE CLEANSER.)



DUNK THE RICE IN THE SOY SAUCE.



DUMP WASABI INTO YOUR SOY SAUCE, TURNING IT INTO A SOUP.



WASABI SHOULD BE PUT DIRECTLY ONTO THE SUSHI, IF ADDED AT ALL.

HAND MONEY TO THE SUSHI CHEF.

THE CHEF TYPICALLY NEVER TOUCHES MONEY.





# CHOPSTICKS MANNER (TABOOS)

## Saguri-bashi



To look for contents in a soup with chopsticks

## Mayoi-bashi



To wander chopsticks over several foods without decision

## Sashi-bashi



To pick up food by stabbing it

## Neburi-bashi



To lick the tips of the chopsticks

## Yose-bashi



To pull plate or bowl around with chopsticks

## Hotoke-bashi



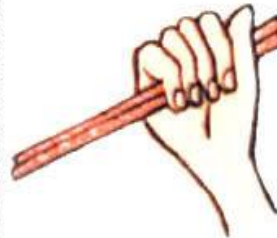
To stand chopsticks up in rice

## Kaki-bashi



To shovel food into one's mouth attached to plate or bowl

## Nigiri-bashi



To hold two sticks together as one would grasp a knife to attack

## Hashi-watashi



To pass food to another person, from chopsticks to chopsticks

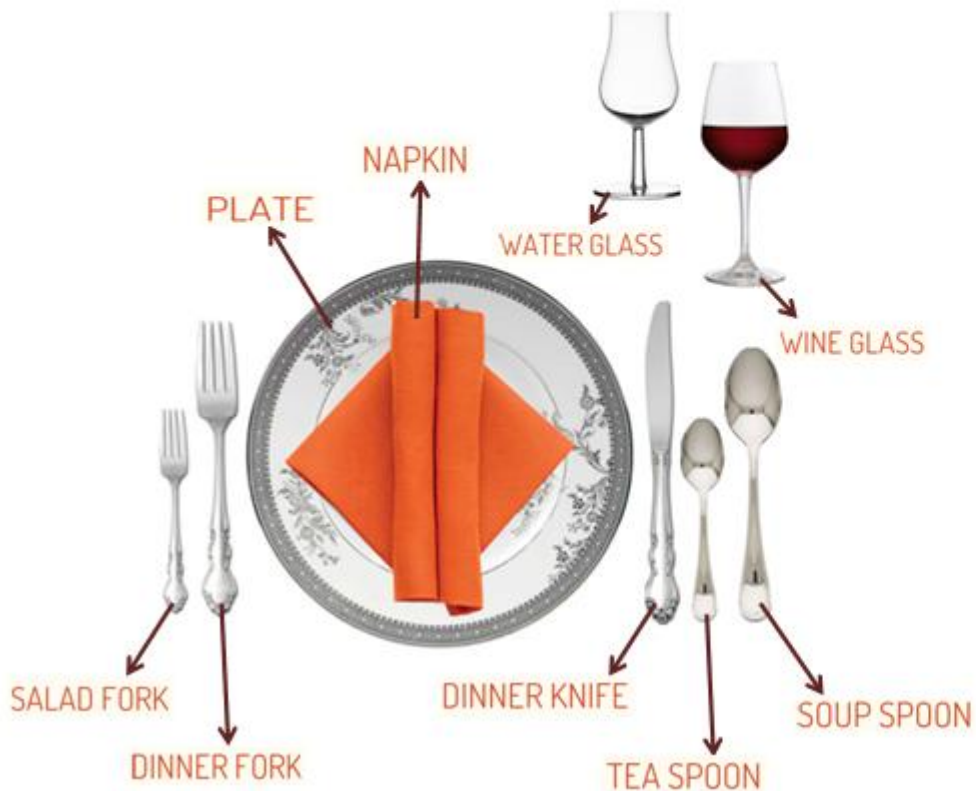
## Namida-bashi



To drip the sauce from the food or from chopsticks

# TABLE SETTING

## AMERICA



## KOREA







**Beginning the meal**  
 Wait for the oldest person/people to lift their spoon or chopsticks first before you start eating.



**Don't put your spoon and chopsticks too deep inside of your mouth and don't let them touch the foods if they have other sauces or foods on them.**



**Don't bend down your head too close to the dishes.**



**Don't bend too close to the dishes whenever you eat.**



**Don't let the wrist part of your sleeve touch the food.**



**Don't put your spoon and chopsticks down on the table while someone's still eating.**



**Don't put your spoon and chopsticks on your plate and put them down on the table after the other person's done eating.**



**Pick up your spoon or chopstick after the oldest person has picked up his.**



**Don't blow your rice or soup to warm it even though it may be hot. Also, don't beat the table with your chopsticks.**



**Be careful not to make too much noise when you're chewing food.**



**Don't hold your spoon and chopsticks the same time with your same hand.**



**Don't lift up your soup to eat it.**

**TERIMA KASIH**

TERIMA KASIH